

**Cardiovascular Disease 30-year risk**

|                                  |     |
|----------------------------------|-----|
| <i>Patient 039</i>               |     |
|                                  |     |
| <b>Age:</b>                      | 39  |
|                                  |     |
| <i>BMI-Based Results</i>         |     |
| <b>Your risk of Full CVD:</b>    | 31% |
| <b>Optimal Risk of Full CVD:</b> | 15% |
| <b>Normal Risk of Full CVD:</b>  | 18% |
|                                  |     |
| <b>Your Risk of Hard CVD:</b>    | 16% |
| <b>Optimal Risk of Hard CVD:</b> | 8%  |
| <b>Normal Risk of Hard CVD:</b>  | 10% |